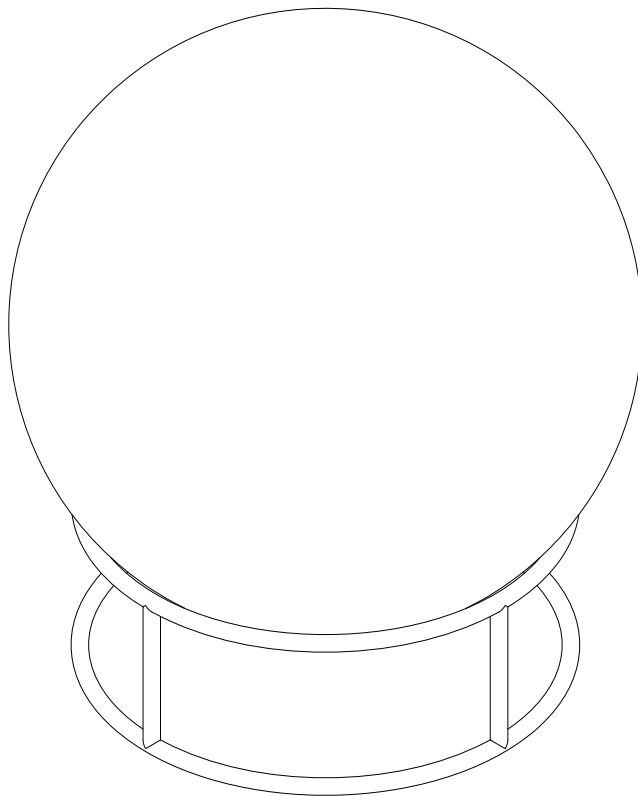




EXERCISE BALL (DESK) CHAIR

ASSEMBLY INSTRUCTIONS



Important Safety Instructions:

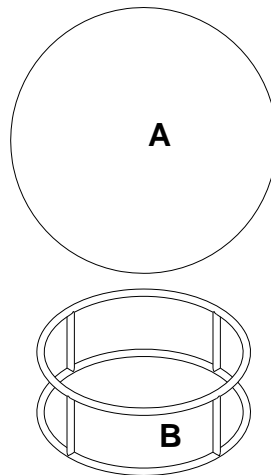
- Please read all instructions carefully before assembling.
- For your safety, assembly by two or more adults is strongly recommended.
- DO NOT use your ball until you have read and understood this instruction/information in full. Keep these instructions for future use.
- Use only vendor supplied hardware to assemble. Using unauthorized hardware could jeopardize the structural integrity of the item.
- Make sure the ball is at room temperature before proceeding. **WARNING: Do not inflate when the temperature is lower than 65°F (18°C) or greater than 90°F (32°C).**
- Never over-inflate your ball. The maximum diameter is 65 centimeters (approximately 26 inches). Over inflation of the ball may compromise its integrity and performance.
- The ball is NOT a toy and should be kept out of reach of children.
- Avoid exposing ball to rough, sharp or abrasive surfaces, DO NOT kick or hit the ball.
- Avoid exposing the ball to excessive sunlight or heat, such as heaters, lamps, fireplaces, etc.
- We DO NOT recommend the ball as a fitness ball. DO NOT take the ball out of the fabric cushion.

Pre-assembly:

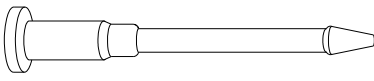

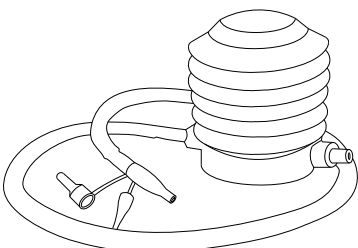
- Remove all parts and hardware from the box and lay out on a clear carpeted or scratch-free work surface, as this will avoid damaging parts during assembly. The shipping box provides an ideal work surface.
- Do not dispose of any packaging or contents of the shipping carton until assembly is completed to avoid accidentally discarding small parts or hardware.
- Use the parts and hardware lists below to identify and separate each of the pieces included.
- The illustrations provided allow for easier assembly when used in conjunction with the assembly instructions.
- Use manual Pump only. Do not use compressor to pump the ball.

Parts Included:

- (A) Ball and Cushion 1pc
- (B) Base 1pc

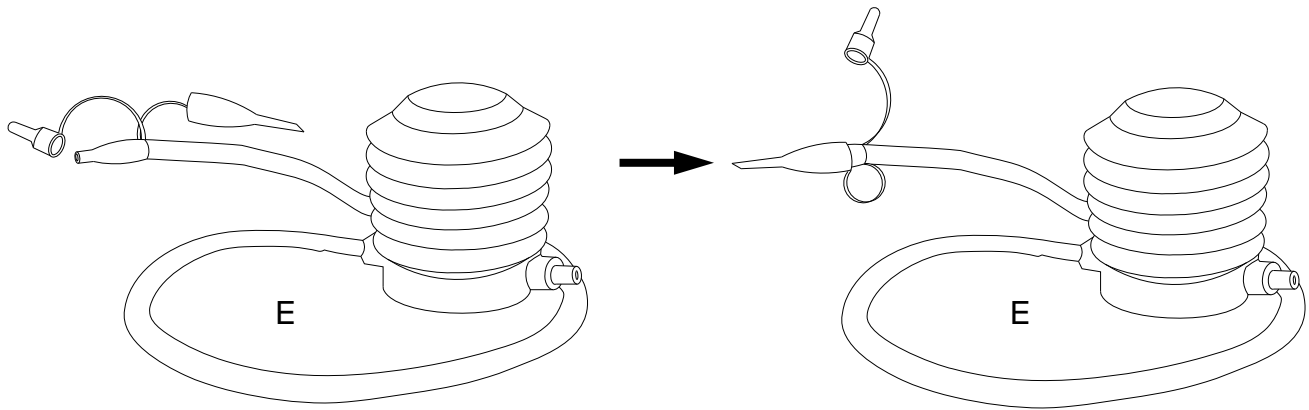


Tools Included:

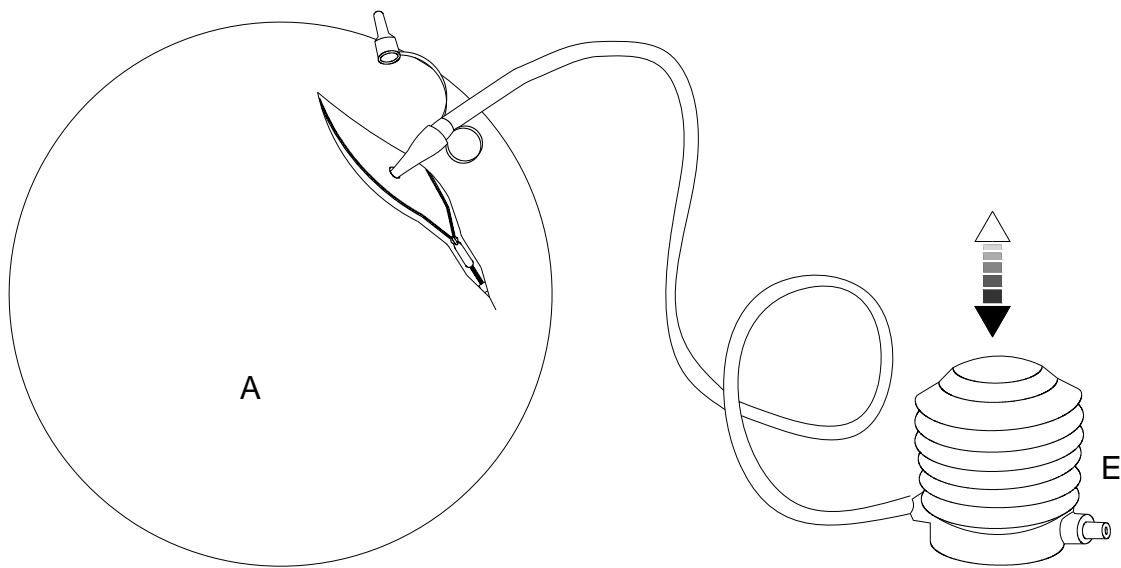
<p>(C) Ball Plug</p>  <p>1x</p>	<p>(D) Plug Remover</p>  <p>1x</p>	<p>(E) Pump</p>  <p>1x</p>
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Assembly Instruction Steps:

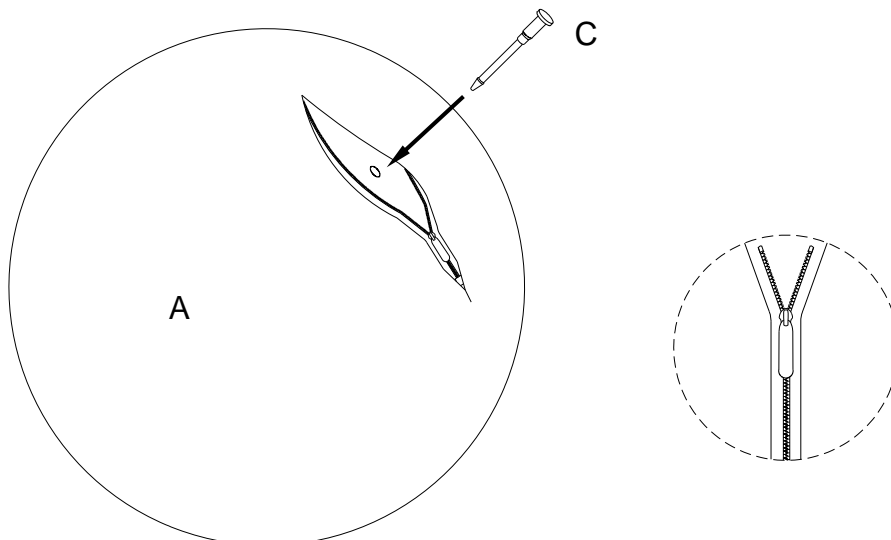
1. Remove cap from the pump air nozzle. Insert the adapter to the nozzle as shown.



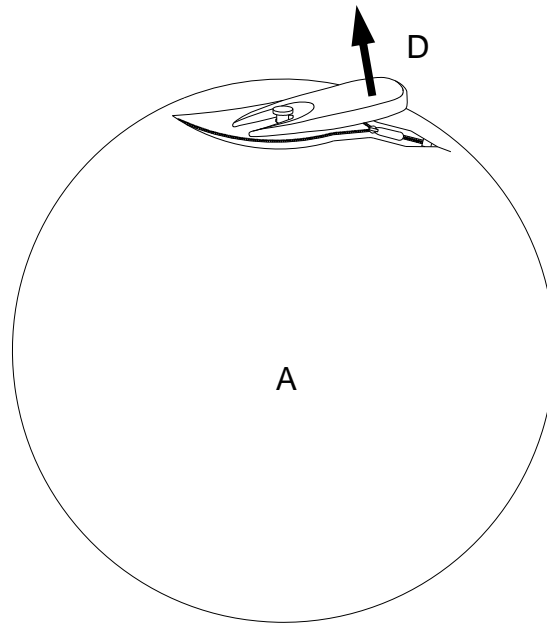
2. Insert the adapter into the hole of ball and hold firmly with one hand. Inflate ball until it is 80% of its maximum size or about 55 centimeters.



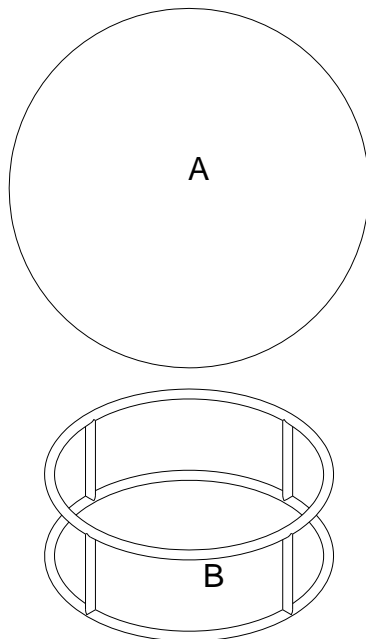
4. Remove pump adapter from ball and immediately insert ball plug into hole until the top is even with the ball.. Then zip up. It is recommended you let the ball sit for at least one hour to allow material to adapt to the expansion before inflating fully.



5. After waiting the recommended time, remove the ball plug and immediately insert the pump adapter with pump back into the ball. Repeat steps 1&2 until ball is inflated to optimum size (65 cm). Reinsert Plug when complete. To remove Plug from ball, slip u-shaped Plug Remover underneath the Plug and lift.



6. Place the ball cushion on base.



Care Instructions:

- Dust often using a clean, soft, dry and lint-free cloth.
- We do not recommend the use of chemical cleansers, abrasives or furniture polish on our lacquered finish.
- It is not necessary to deflate ball after use, however, slight leakage may occur over time. Re-inflate as necessary. Periodically pump the ball to maintain ball in 65cm diameter.